



The Vine Newsletter

Early Christmas Greetings Ladies of SAKLC Women's Ministry,

I wish you each a wonderful Christmas whether you are here in sunny Sarasota or visiting someplace up north may your day be filled with the gifts of the Christ child: joy, peace, hope, and love.

Thank you again to all who helped to make the Advent Brunch such a lovely event: Sae Burkmeir, Diane Bruce, Barb Dzumela, Joan Christenson, Joan Elder, JoAnne Kaminski, Kathy Kussy, Judy Matthies, Eleanor Schaefer, and Barbara Teller! What a fantastic team you are! Many thanks as well to all of you who were able to set aside time in your day to come and celebrate Advent; without you in attendance there can be no party! Finally, your kind words have been very much appreciated!

Women's Bible Study will begin on January 6, 2026, and meet on Tuesday mornings at 10:30 AM. The focus of this year's study will be the Prophets. We will read scripture recounting the stories of these important voices called to share God's laws, promises, and warnings with His people. I very much look forward to spending time immersed in the Lord's word as we read and learn from one another. **Women's Bible Study** will be on the **first, second, and fourth** Tuesdays of each month from January until the end of April. Our first meeting will explore how the people of the Old Testament knew they were hearing the words of a true prophet.

WOMEN'S
MINISTRY
BIBLE STUDY

STARTS TUESDAY, JANUARY 6TH, 2026

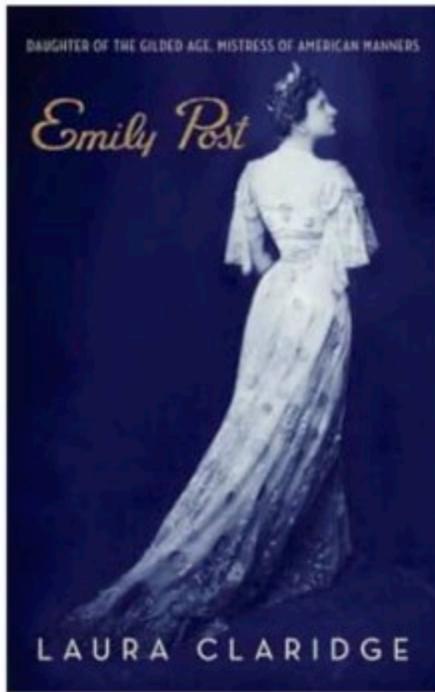
10:15 AM for Coffee & Conversation followed
by our discussion starting at 10:30 AM

All women are welcome! The focus
this year will be the Prophets.

Please contact Laura Berger (lauraberger.wm@gmail.com)
with any questions

St. Armands Key Lutheran Church
40 N Adams Drive
Sarasota, FL 34236

Get ready for the return of the SAKLC **Seasonal Exercise Program!** Marty Piatt, SAKLC and Women's Ministry member will be teaching twice weekly exercise classes beginning January 9, 2026. The hour-long classes will be Mondays and Fridays at 9:45 AM. Marty will lead the classes in person in Ogram Hall, and Zoom participation will be available, too. The class fee is \$30 for eight classes. Marty's ABC Fitness (Agility, Balance and Coordination) class is a full body workout for individuals over 50. If you have questions, please feel free to contact Marty at 937-271-1624. Staying active is so important to our health! How fantastic that Marty is sharing her talents to fill this need in our community!



Our next Women's Ministry **Book Group** meeting is on **Tuesday, January 20, 2026, at 10:30 AM**. Our January book will be Part One and Part Two of Laura Claridge's biography, ***Emily Post, Daughter of the Gilded Age, Mistress of American Manners***. We will finish the book for our **February** meeting. All who enjoy reading and discussing their thoughts and views with others are invited and welcome. Even if you haven't quite finished, please join us! We will plan to have lunch in downtown St. Armands Key after our meeting! The book is available at your public library as well as from Amazon or Barnes and Noble in paperback, hard cover, E-book or as an audio book.

Apple Walnut Salad Recipe from 2025 SAKLC Women's Ministry Advent Brunch

<p>For the Dressing 3 Tbs extra virgin olive oil 2 Tbs apple cider vinegar 1 Tbs maple syrup 1 tsp Dijon mustard ½ tsp kosher salt ¼ tsp ground cinnamon ¼ tsp freshly ground black pepper</p>	<p>Make the Dressing Place 3 Tbs extra virgin olive oil, 2 Tbs apple cider vinegar, 1 Tbs maple syrup, 1 tsp Dijon mustard, ½ tsp kosher salt, ¼ tsp ground cinnamon, ¼ tsp freshly ground black pepper in a jar or small bowl. Seal the jar and shake or whisk until combined.</p>
<p>For the Salad ½ Cup coarsely chopped walnuts ½ medium shallot, finely diced (about 2 Tbs) 5 oz mixed greens, arugula, romaine, baby spinach, or a combination (about 5 packed cups) 1 small sweet-tart apple, such as Pink Lady, cored and thinly sliced 2 Tbs roasted and salted pumpkin seeds 2 oz fresh goat cheese crumbled (about ½ cup)</p>	<p>Make the Salad</p> <ol style="list-style-type: none"> 1. Place ½ cup coarsely chopped walnuts in a small skillet and cook over medium heat, stirring frequently until fragrant. Remove the skillet from heat to cool. 2. Toss 5 cups mixed greens, ½ finely diced medium shallot, and half of the dressing in a large wide bowl. 3. Top with 1 thinly sliced sweet-tart apple, 2 Tbs roasted and salted pumpkin seeds, 2 oz crumbled goat cheese and the walnuts. 4. Drizzle with remaining dressing; serve immediately.

I wish you well and hope that you will be able this Christmas season to do as Mary did when the shepherds visited the infant Jesus, "...treasure up all these things and ponder them in [your] heart."

Looking forward to an exciting new year of Women's Ministry activities and events!

Yours in faith and fellowship, Laura